

# U-Care



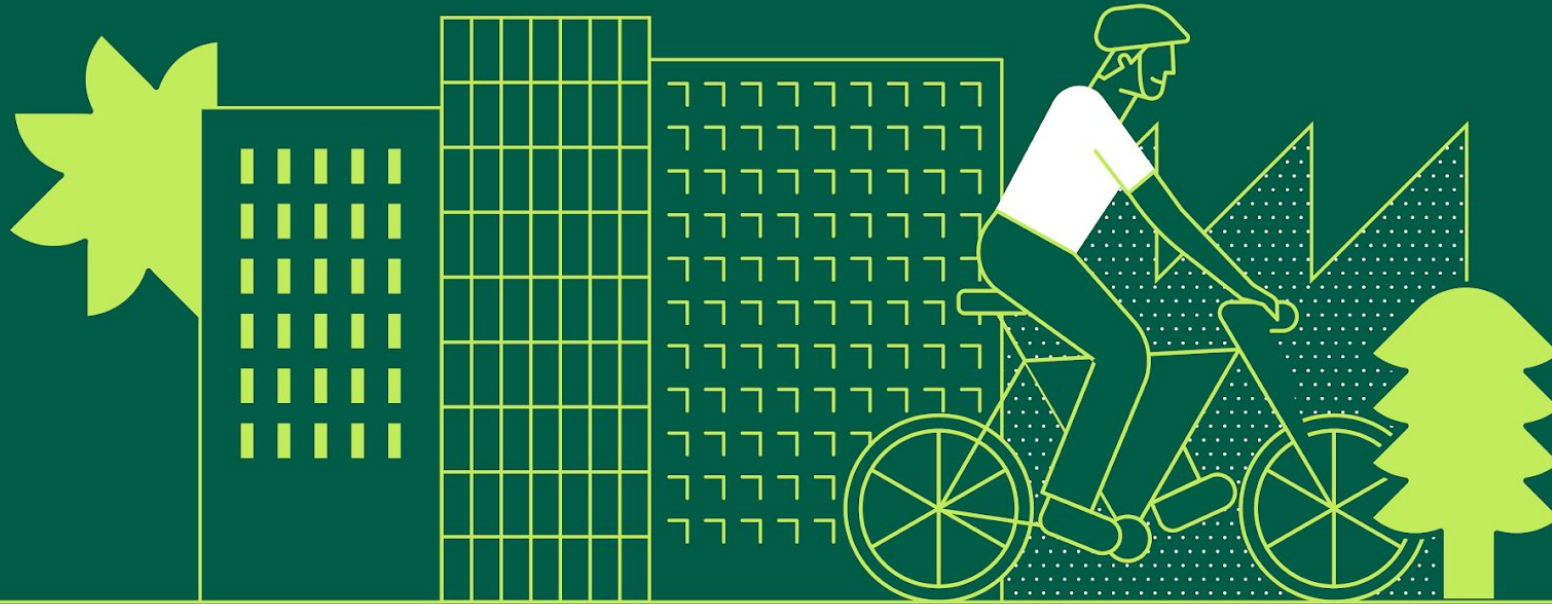
UNIVERSITÀ  
DEGLI STUDI  
FIRENZE



Co-funded by  
the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them. Project number: 2023-1-ES01-KA220-HED-00155347

# U-Care



**UrbanCare Session 1: Walkability Diagnostics & Value Creation**  
by Alvaro Valera Sosa | November 2025







# U-CARE

UrbanCare Methodology



U-Care



-   
Kids  
UrbanCare
-   
Kid & parents  
UrbanCare
-   
Stroller  
UrbanCare
-   
Visually impaired  
UrbanCare
-   
Wheelchair user  
UrbanCare
-   
Cane user  
UrbanCare

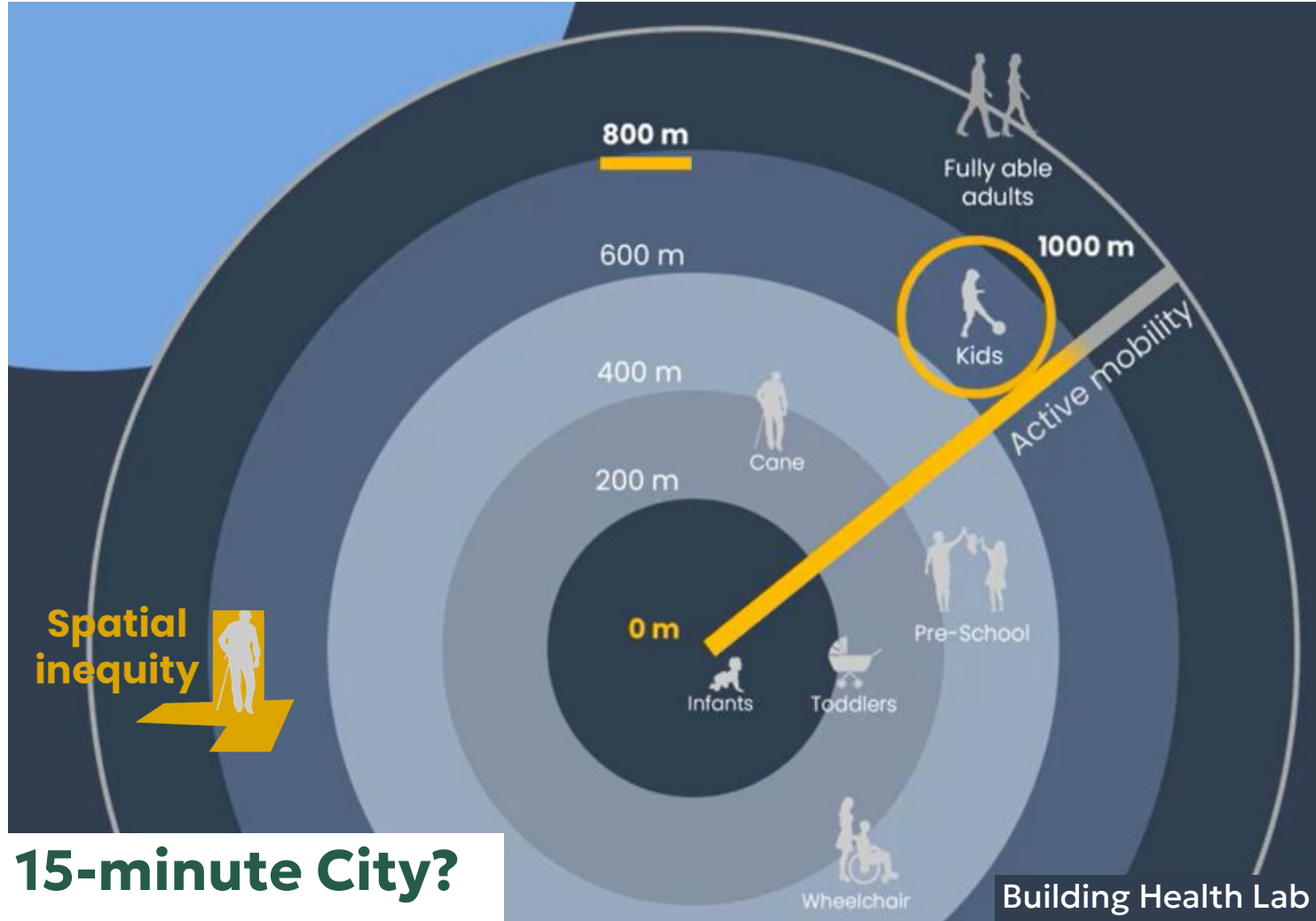
## How far do slower paced groups travel in 15-minute Cities?

# U-CARE

## Walkability Summary



U-Care

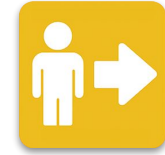


Spatial inequity

15-minute City?

What happens to slower paced groups in 15-minute Cities?

Building Health Lab



Effort

Walkability



Runoff



Heat



Biotope

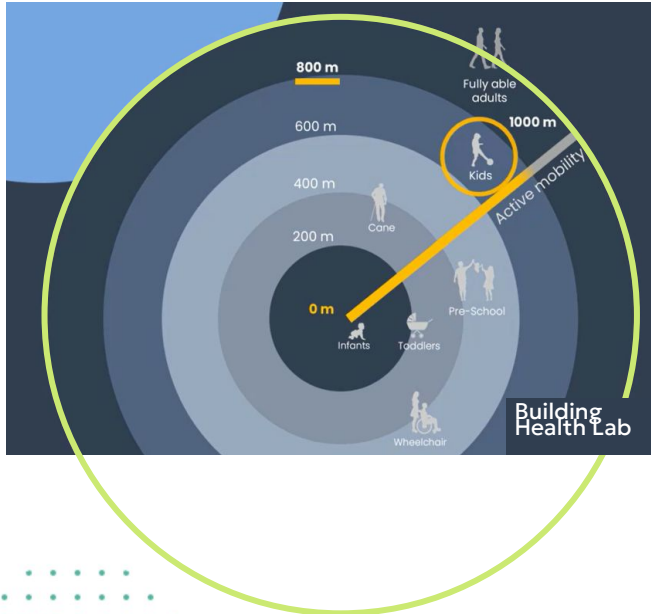
Exposure

# U-CARE

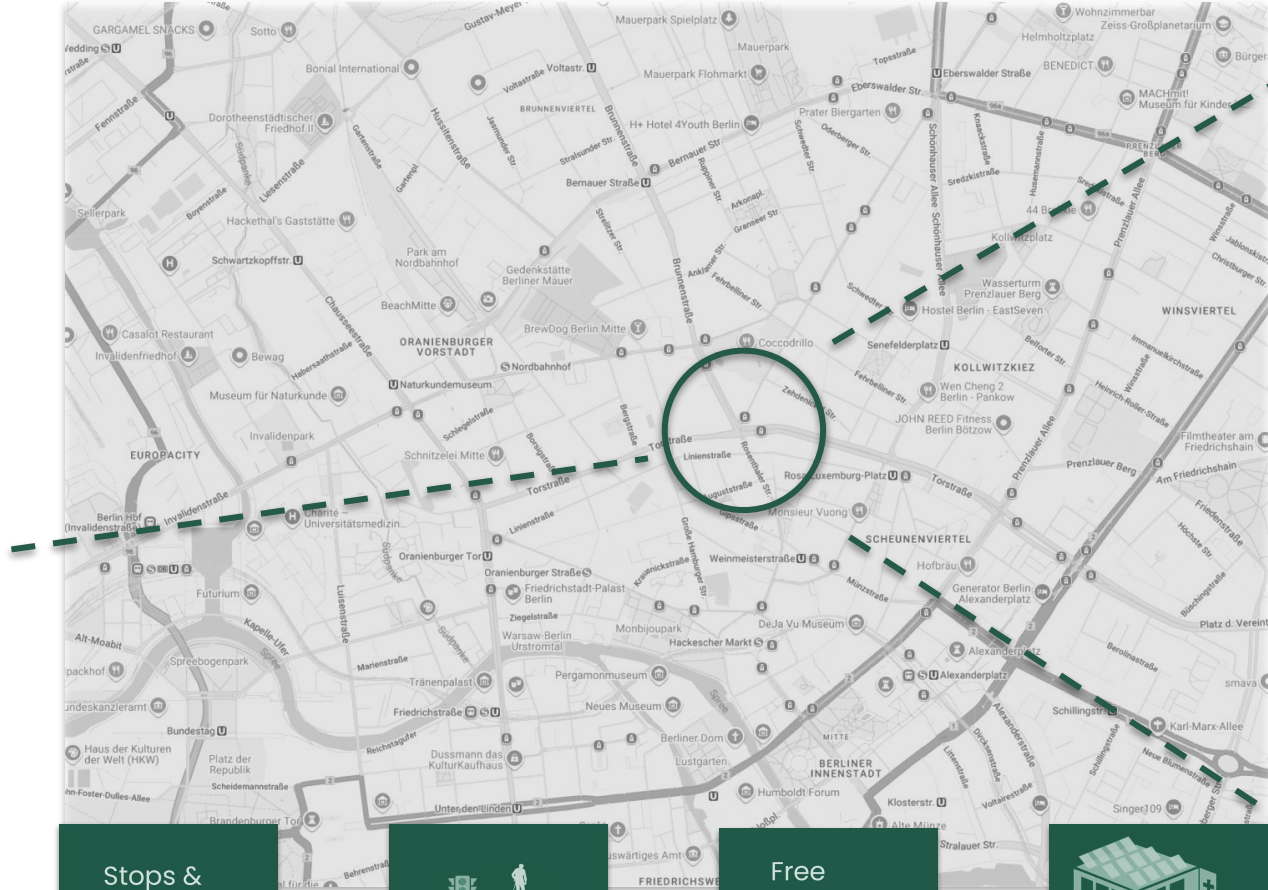
## UrbanCare Methodology



U-Care



Small problems here ...



Stops & Stations

Crossings

Free Seating

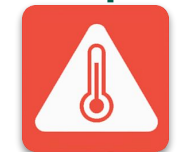
Priority Entrances



Walkability



Runoff



Heat



Biotope

Effort

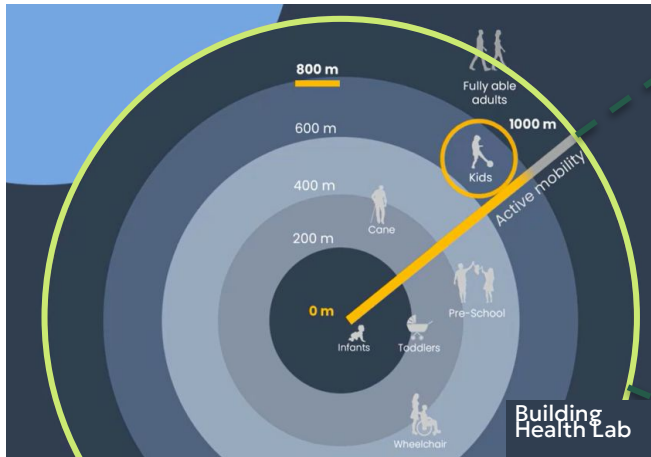
Exposure

# U-CARE

## UrbanCare Methodology



U-Care



Walkability



Runoff



Heat



Biotope

Effort

Exposure

Small problems here ...

... and across the city, translates to enormous waste!

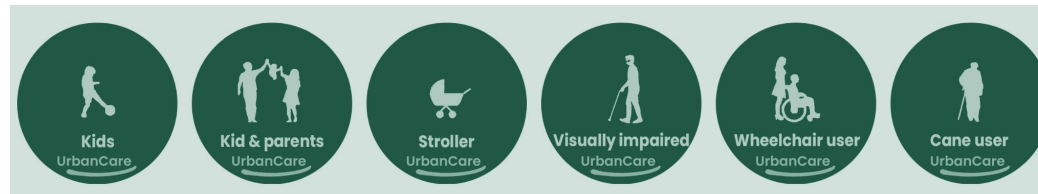
# U-CARE

UrbanCare Methodology



U-Care

UrbanCare cases: <https://www.buildinghealth.eu/a-healthy-neighborhood-in-berlin/>



**How far do slower paced groups travel in 15-minute Cities?**



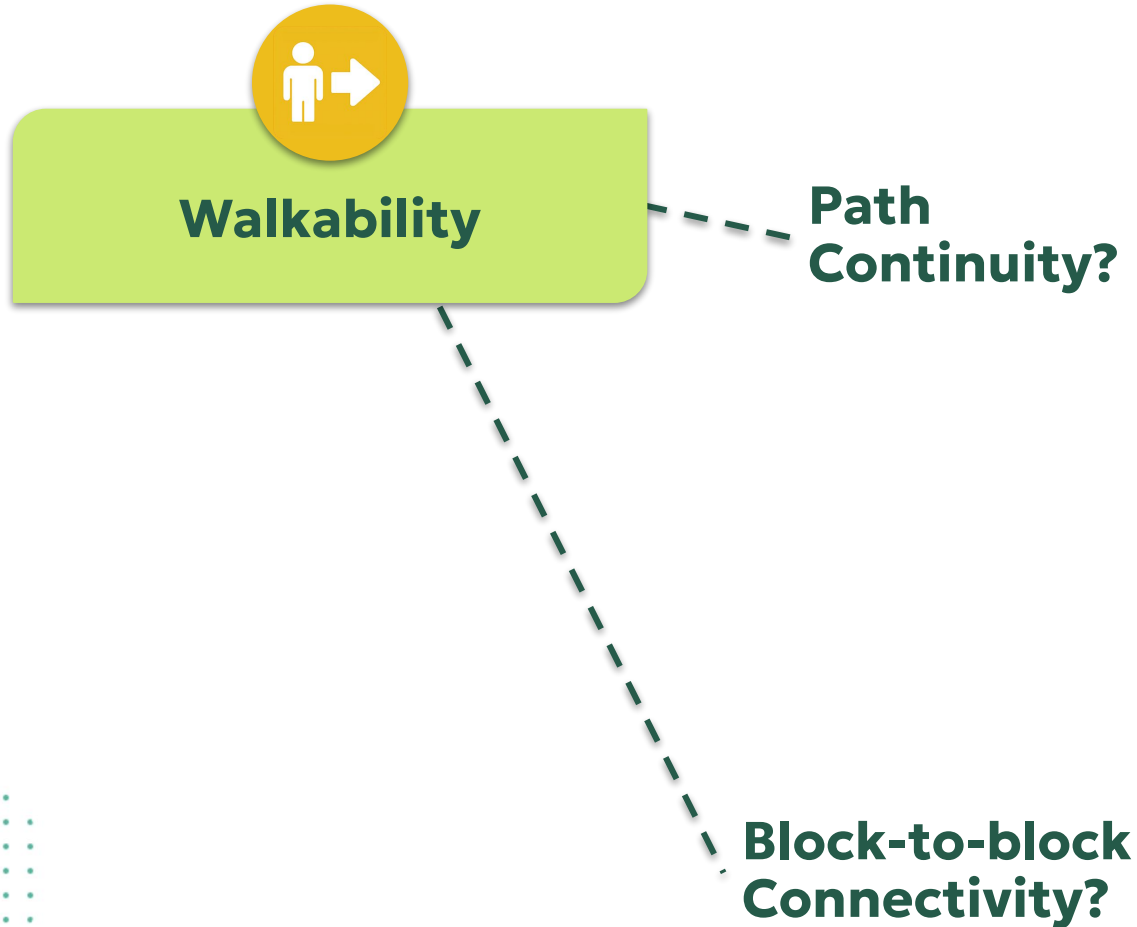
**U-Care**

# Walkability

# U-CARE

Walkability: Definition

Walkability  
Mechanisms





## Walkability

### 1. Health:

lower physical activity; exclusion and reduced social interaction; higher chronic disease risk; accidents leading to physical trauma

### 2. Climate:

increased car dependence; higher emissions; reduced active mobility uptake; weakened potential for climate-adaptive streets; more heat from traffic volumes

### 3. Economy:

increased healthcare expenditure from chronic disease and traffic-related injuries; productivity losses from limited active mobility and travel delays; higher transport costs; reduced footfall for local businesses; higher maintenance and operational costs from car-reliant infrastructure

# U-CARE

## Walkability: Planning & Design Approach



### Walkability

- 1. Convenience:**  
directness and efficiency of pedestrian environments without detours or interruptions
- 2. Safeness:**  
protection of pedestrians from traffic conflicts and environmental hazards
- 3. Comfort:**  
physical quality of the walking experience
- 4. Attractiveness:**  
elements that make routes inviting and engaging

### Convenience



### Safeness



### Comfort



### Attractiveness



# U-CARE

UrbanCare Methodology

Path  
Continuity?



U-Care



Walkability



**Path Continuity?**  
**Look at pavement quality; obstacles; aesthetics**

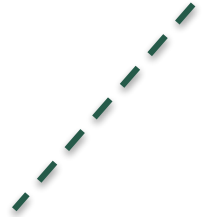


# U-CARE

UrbanCare Methodology



Path  
Continuity?



**Walkability**



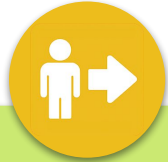
**Path Continuity?**  
**Look at obstacles; spatial arrangement;**  
**aesthetics**



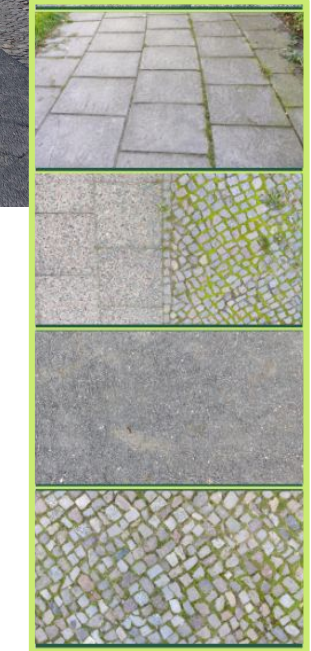
# U-CARE

UrbanCare Methodology

Path  
Continuity



Walkability



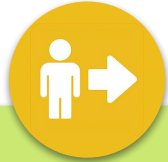
U-Care

**Value: pavement quality, aesthetics**

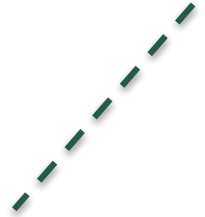
# U-CARE

UrbanCare Methodology

Path  
Continuity



Walkability



U-Care



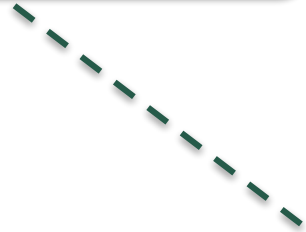


**Block-to-block  
Connectivity?**



**Connectivity?  
Look at obstacles**





**Block-to-block  
Connectivity?**



**Connectivity?  
Look at visual structure**



# U-CARE

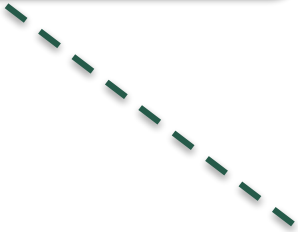
UrbanCare Methodology



U-Care



**Walkability**



**Block-to-block  
Connectivity**

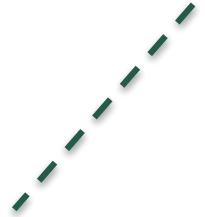


# U-CARE

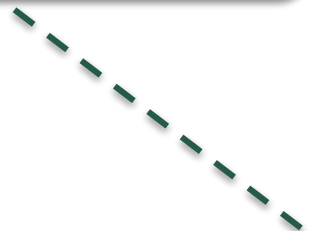
UrbanCare Methodology



Path  
Continuity



Block-to-block  
Connectivity



U-Care



# U-CARE

## Walkability Assessment



U-Care

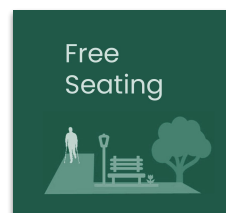
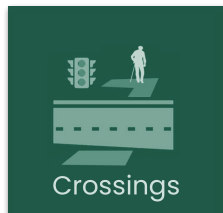
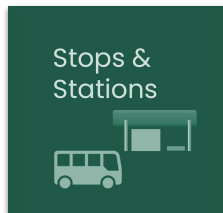


### Walkability

$$\text{Walkability Score} = C + S + \text{Co} + A$$

#### Combined Pedestrian Performance

A higher score means better walking conditions for slower-paced groups.



## Runoff Score Range: 0.0–0.9

Higher scores = stronger capacity to reduce surface runoff.

### C = Convenience Rating

0.0–0.25: Directness and continuity of routes without detours.

### S = Safeness Rating

0.0–0.25: Protection from traffic conflicts and environmental hazards.

### Co = Comfort Rating

0.0–0.25: Physical ease of walking, including surfaces and microclimate.

### A = Attractiveness Rating

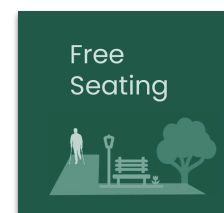
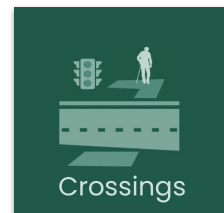
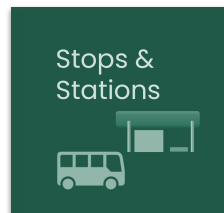
0.0–0.25: Visual quality, greenery, and engaging street features.



### Task A:

Select an Urban Scene type and take photographs that represent the four walkability attributes: Convenience, Safeness, Comfort, and Attractiveness.

- Map walking routes and identify barriers or interruptions.
- Assign a score (0.0–0.25) for each attribute:
- C, S, Co, A.
- Compute the combined Walkability Score:
- $\text{Walkability} = C + S + Co + A$
- Write a short interpretation (5–7 lines) explaining:
  - directness and continuity of paths,
  - safety conditions and exposure to conflicts,
  - physical comfort and microclimate,
  - visual and social attractiveness,
  - one intervention that could increase the overall score.





### Task B:

Find quick, reliable evidence linking walkability with economic outcomes.

### Task:

Do a short online search; identify 2–3 reliable sources that show how higher walkability with:

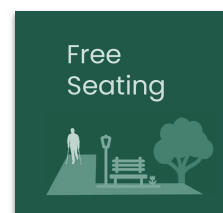
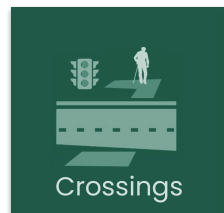
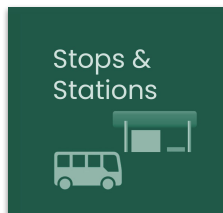
- higher real estate value or retail activity
- reduced healthcare costs from fewer chronic diseases or injuries
- less productivity loss from travel delays
- lower transport and mobility costs
- lower infrastructure and maintenance costs

### Deliverable:

Write 3–5 sentences summarizing: the key findings from your sources, and how they relate to the importance of walkability in your chosen Urban Scene

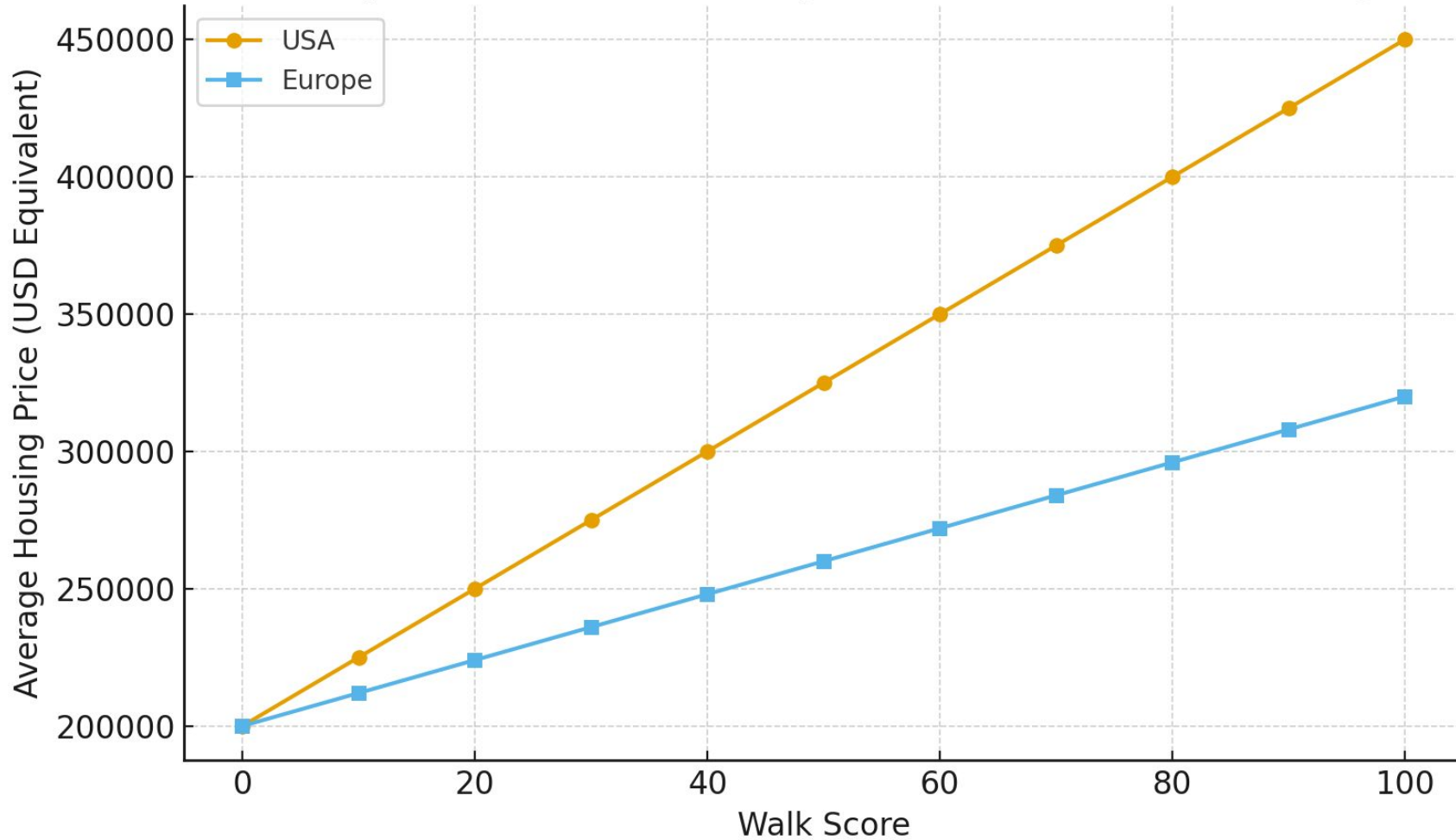
### Search keywords:

“walkability economic benefits”; “walkability property value”; “active mobility cost savings”





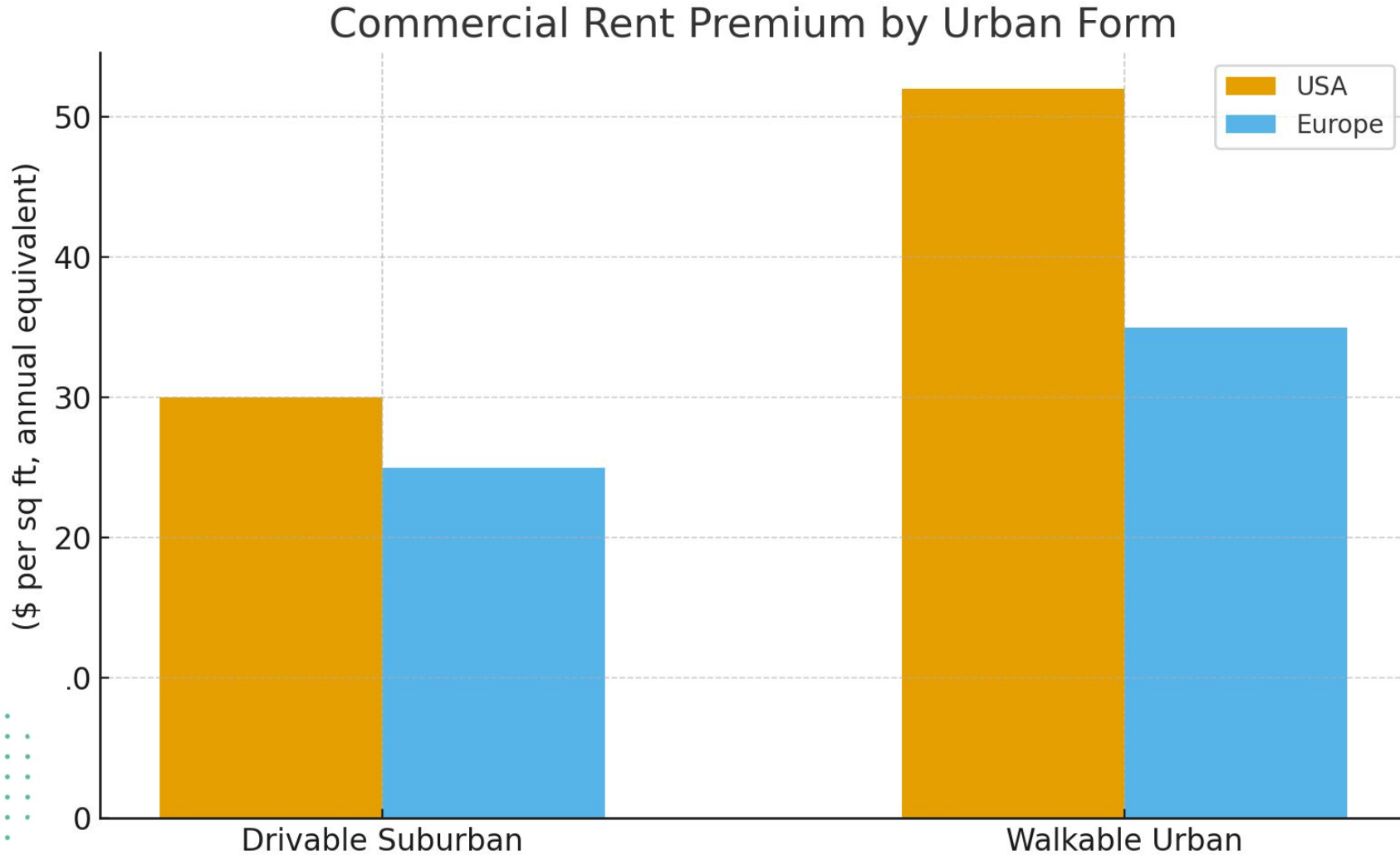
### Relationship between Walkability (Walk Score) and Housing Price



CEOs for Cities, “Walking the Walk: How Walkability Raises Home Values in U.S. Cities” (Joe Cortright, 2009) found that: in U.S. metros an additional 1 point in Walk Score is associated with about **US \$500-US \$3,000 increase** in home value (after controls). [NACTO+1](#)

Redfin, “How Much Does Walkability Increase Home Values?”: found in Boston a 29% premium (~US \$140,724) for homes in very walkable neighborhoods, relative to less walkable ones. [Redfin](#)

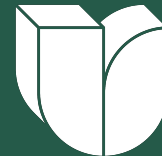
Smart Growth America / “Foot Traffic Ahead 2023” shows: broader U.S. data linking walkable urban places with higher for-sale housing price premiums, among other asset types. [smartgrowthamerica.org+1](#)



“Foot Traffic Ahead 2019” (by Cushman & Wakefield / Smart Growth America) found that: office, retail, and multi-family rental space in walkable urban places earn a weighted rent premium of ~75% over drivable suburban areas. [Cushman & Wakefield+1](#)

“The WalkUP Wake-Up Call” (George Washington University School of Business) found: in the DC region that average annual office rent in regionally significant WalkUPs was US \$36.78 / sq ft vs US \$20.98 for drivable suburban — about a 75% premium. [wordpress.smartgrowthamerica.org](#)





**U-Care**

Alvaro Valera Sosa



[info@buildinghealth.eu](mailto:info@buildinghealth.eu)